

ESSENTIALS CHECKLIST



CLOTHING

Pack enough clothing for one week. Your child will be able to do laundry once a week.

- Underwear
- A light summer jacket
- A raincoat
- A sweatshirt (hoodie) for cooler temperatures
- 3 long-sleeved shirts and 3–4 short-sleeved shirts
- 2–3 pairs of long pants and 2–3 pairs of shorts
- Running shoes or sneakers
- Sandals or flip-flops for the water park
- A hat/cap and a pair of sunglasses

MATERIALS & GEAR

Please ensure your child's name is clearly marked on every item. Collège La Cité is not responsible for lost items.

- Medication for 3 weeks
- Toiletry kit (shampoo, soap, toothbrush, toothpaste, etc.)
- Sunscreen and insect repellent
- Mobile phone with a camera (otherwise, a camera)
- Pencil case
- Notebooks and a binder for classes
- Small backpack for outings and hikes
- Reusable water bottle (the College has several filling stations)
- Books for reading in the evening or during free time
- Pocket money for extra snacks or Ottawa souvenirs
- Bedding for a twin bed, bath towels, and a beach towel

For any questions regarding this list, please contact us at: explore@collegelacite.ca.

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